This listing of claims will replace all prior versions and listings of claims in the application:

Listing of Claims:

1116

- 1-40. (Cancelled)
- 41. (New) A method of decreasing the drowsiness of an individual, comprising the steps of:

providing a towelette having an amount of liquid stimulating organic substance sufficient to transfer said liquid to the skin in an amount which will stimulate the nerve endings and in an amount which will evaporate and provide vapors which will provide olfactory sensation,

removing a towelette from a dispenser, said towelette being impregnated with a stimulating organic substance; and

contacting at least one of the face and neck skin of said individual with said towelette and exposing said towelette to the air so that an amount of said stimulating organic substance effective to decrease said drowsiness of said individual is transferred from said towelette to said at least one of the face and neck skin of said individual and evaporates to provide vapors which provide olfactory sensation.

42. (New) A method of decreasing the drowsiness of an individual, comprising the steps of:

providing a towelette saturated with an amount of liquid stimulating organic substance and an amount of ammonia containing substance, the ammonia containing substance comprising .25% to 5% ammonia by weight

contacting at least one of the face and neck skin of an individual with the saturated towelette so that an amount of said stimulating organic substance and ammonia containing substance is transferred from said towelette to at least one of the face and neck skin in an amount to

- a) stimulate nerve endings in the contacted area of the skin, and
- b) provide olfactory stimulation resulting from vapors emanating from the towelette application to the contacted area

whereby the combined nerve ending and olfactory stimulation is effective to decrease drowsiness of the individual.

43. (New) A method of decreasing the drowsiness of an individual, comprising the steps of:

providing a towelette saturated with an amount of liquid stimulating organic substance and an amount of ammonia containing substance,

the liquid stimulating organic substance being one of the group consisting of menthol, camphor, eucalyptol, methyl salicylate and a ketal

the ammonia containing substance comprising .25% to 5% ammonia by weight

contacting at least one finger or thumb of an individual with the saturated towelette so that an amount of said stimulating organic substance and ammonia containing substance is transferred from the saturated towelette to skin in an amount to stimulate nerve endings in the contacted area of the skin

contacting at least one of the face and neck skin of an individual with the saturated towelette so that an amount of said stimulating organic substance and ammonia containing substance is transferred from said towelette to at least one of the face and neck skin in an amount to

- a) stimulate nerve endings in the contacted area of the skin, and
- b) provide olfactory stimulation resulting from vapors emanating from the towelette application to the contacted area

whereby the combined nerve ending and olfactory stimulation is effective to decrease drowsiness of the individual.

44. (New) A product for decreasing the drowsiness of an individual, comprising: a container enclosure having an opening

towelettes saturated with an amount of liquid stimulating organic substance and an amount of ammonia containing substance, the ammonia containing substance comprising .25% to 5% ammonia by weight, the towelettes being inside the enclosure and arranged so as to be removable through the opening,

a removable lid covering the opening so that air is prevented from circulating around the opening when the lid is in place and so that one or more towelettes can be removed from the container when the lid is removed.

45. (New) A method of manufacturing a product for decreasing the drowsiness of an individual, comprising the steps of:

providing a towelette saturated with an amount of liquid stimulating organic substance and an amount of ammonia containing substance, the ammonia containing substance comprising .25% to 5% ammonia by weight

enclosing the towelette in a container enclosure having an opening covering the opening with a removable lid so that air is prevented from circulating around the opening when the lid is in place and so that one or more towelettes can be removed from the container via the opening when the lid is removed.

46. (New) A method of decreasing the drowsiness of an individual, comprising the steps of:

contacting at least one of the face and neck skin of an individual with a liquid stimulating organic substance and an amount of ammonia containing substance, the ammonia containing substance comprising .25% to 5% ammonia by weight so that the liquid is effective to

- a) stimulate nerve endings in the contacted area of the skin, and
- b) provide olfactory stimulation resulting from vapors emanating from the towelette application to the contacted area

whereby the combined nerve endings and olfactory stimulation is effective to decrease drowsiness of the individual.

- 47. (New) The method of decreasing the drowsiness of an individual as recited in claim 41 wherein the step of removing a towelette from a dispenser comprises removing the towelette from a dispenser having only one towelette.
- 48. (New) The method of decreasing the drowsiness of an individual as recited in claim 47 wherein the step of removing a towelette from a dispenser comprises removing the towelette from a foil or plastic lined envelope.
- 49. (New) The method of decreasing the drowsiness of an individual as recited in claim 42 wherein the step of providing a towelette consists of providing the towelette from a dispenser having only one towelette.
- 50. (New) The method of decreasing the drowsiness of an individual as recited in claim 49 wherein the step of providing a towelette consists of providing the towelette from a dispenser having a foil or plastic lined envelope.